

# WARNING

**Warning!** These devices block out or mask ambient sounds important for safe riding. Do not use where other road users may be present. Some of these devices may not be legal for road use in your area. Check local laws before using. If in doubt about safe usage, do not use.

**Warning!** Motorcycle riding can generate dangerous levels of wind noise. Avoid prolonged exposure to excessive sound pressure levels. Loud earphone speaker volumes can also damage hearing. Wear earplugs and use as low an audio system volume as possible. These are the OSHA established maximum safe exposure times to sound pressure levels before hearing damage occurs (SPL = Sound Pressure Level at the eardrum):

- 90 dB SPL at 8 hours (average full coverage helmet at 40 mph)
- 95 dB SPL at 4 hours
- 100 dB SPL at 2 hours
- 105 dB SPL at 1 hour
- 110 dB SPL at 30 minutes
- 115 dB SPL at 15 minutes (average full coverage helmet at 70 mph)
- 120 dB SPL at 0 minutes (damage occurs)

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